



Conversation Prompts

Icebreakers

Go around the table and introduce yourself with your name, age and preferred pronouns, and then answer one of the following icebreakers:

- What's your super power?
- In your opinion, what was the defining event of your generation?

Loneliness & Community

- In a world where it's hard to connect meaningfully in person, how do you make and sustain friendships?
- What is it about the kind of loneliness that LGBT folks experience that feels different? How does that change as we get older?
- If you have chosen family, what does it look like? If not, what are you doing to create it?
- How could the LGBT community become more inclusive?

Taking Action

As a group, discuss how you will sustain the connections made tonight. One option is to find a volunteer willing to host a SAGE Table next month. How can we get connected to make a difference? (SAGE has some ideas and we're sure you do too.)