At its heart, SAGE Table is a celebration of the power of togetherness and allows us to combat the very real issue of social isolation that lives at the heart of the elder LGBT community.

In our daily lives...

lonely

busy

isolated

We are sometimes lonely, busy or isolated.

At a SAGE Table...

we connect

we share

we grow

We build intergenerational connections.

With new connections...

We find friendships to sustain us as we age.

Taking part in SAGE Table is simple: you can either HOST a gathering (on your own or with a local organization or business) or you can join a local conversation as a GUEST.
How to Take Part

Each SAGE Table should have three main elements: a smattering of generations, a bit of food to share, and incredible conversation.

To join in as a GUEST, search local tables near you at sageusa.org/sagetable or, if you’re on social media, check out our group at facebook.com/groups/sagetable.

To HOST a SAGE Table is simple: (1) Invite LGBT people of different ages. (2) Register your event. (3) Start a conversation. We’ll provide conversation prompts and a host guide to help things along.

ANYONE CAN BE A HOST

LGBT people and allies of all ages. A conversation that crosses generations. November 8. Breakfast, lunch, snacks, happy hour, or dinner. Anywhere. Your home, a local restaurant, the office, a community center, a place of worship.

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The Beginnings of SAGE Table

Whoopi Goldberg, Dominique Jackson of Oxygen’s “Strut,” television personality Bevy Smith, and Lisa Kron, Tony Award winner for “Fun Home,” were among the celebrities & LGBT activists who participated in our inaugural year.

- SAGE Tables happened in 40 states.
- 3600+ people took part in 232 events nationwide.
- 10,000 user-generated content interactions and 50 mainstream media hits helped us achieve 125M overall impressions.

Our post-event survey provided us with encouraging results:

- 92% of participants want the opportunity to participate in more intergenerational events
- 90% of hosts want to host again
- 83% are interested in LGBT intergenerational mentoring
We need more intergenerational connections in our communities to combat the loneliness that lives at the heart of the elder LGBT community.

Last year, we created a moment. This year, we’re building a movement.

As a part of SAGE Table this year, we ask all participants to take at least one other action for LGBT older adults:

- Host your own SAGE Table
- Attend a subsequent SAGE Table
- Follow up with a connection
- Sign up to volunteer
FAQ

• **How to start?** The first step is heading over to [sageusa.org/sagetable](https://sageusa.org/sagetable) to find out more and to let us know that you’re interested in participating.

• **Where do events happen?** SAGE Tables can happen anywhere—your home, the lunchroom at your office, a local restaurant, a place of worship, a community center, a couple of towels thrown onto the beach, a picnic table in a park, a ranch in Wyoming—anywhere at all where there are LGBT people (and we’re everywhere!).

• **Who to invite?** Start to look around your group of friends, family, coworkers and acquaintances. How many people do you know from other generations? Who might you like to know better, but generational differences get in the way?

   We believe that allies have always been a part of our community. Ultimately, each host determines how many places there are at each table, and how to welcome a diverse group of attendees.

• **What next?** Join our Facebook group at [facebook.com/groups/sagetable](https://facebook.com/groups/sagetable) and share photos, ideas and news about your local intergenerational LGBT community. Check out [sageusa.org/get-involved](https://sageusa.org/get-involved) to find more ways to get involved and make a difference for LGBT elders.

• **How much does SAGE Table cost?** Nothing. SAGE Table is not a fundraiser—it’s a friendraiser. We ask that no money be collected from guests. For hosts, this means organizing some food or a potluck.
Over the past decade, a movement has formed to rally the LGBT community and our allies around our youth. We’ve seen incredible levels of awareness and support for our youth increase as a result.

We need to expand that movement by including LGBT elders who, all too often, remain invisible. We believe that our elders are necessary resources to our youth, and vice versa.

Despite the fact that LGBT pioneers have fought for civil rights and made strides for future generations, many find themselves socially isolated, facing the results of a lifetime of discrimination and stigma with no one to turn to.

### Why Care About LGBT Elders?

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#### Many Lack Support Structures

- 1 in 3 live alone
- 1 in 3 fear growing old alone

#### Many Face Discrimination

- 20% have less access to services than their straight peers
- 9 in 10 expect healthcare providers to discriminate against them

#### Many Feel Disconnected

- 2 in 5 feel disconnected from the younger LGBT community
- 1 in 2 have parents or siblings don’t know about their identity

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About SAGE

SAGE is the country’s largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual, and transgender (LGBT) older adults.

Founded in 1978 and headquartered in New York City, SAGE is a national organization that offers supportive services and consumer resources to LGBT older adults and their caregivers, advocates for public policy changes that address the needs of LGBT older people, provides education and technical assistance for aging providers and LGBT organizations through its National Resource Center on LGBT Aging, and cultural competence training through SAGECare. Headquartered in New York City, with staff across the country, SAGE also coordinates a growing network of affiliates in the United States.